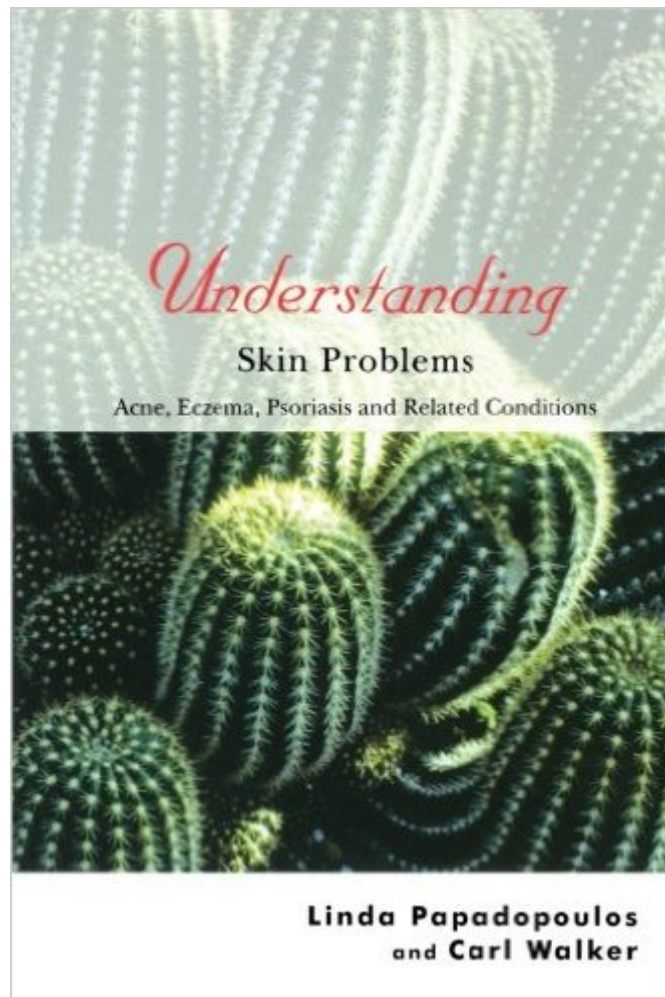


The book was found

# Understanding Skin Problems: Acne, Eczema, Psoriasis And Related Conditions



## Synopsis

As sufferers will know, any dermatological condition can have a devastating effect leading to feelings of isolation and depression. Filling the gap between medical advice and lay knowledge, *Understanding Skin Problems* provides crucial information to help you understand the various aspects of your condition - psychological and social as well as medical - so that you can improve the quality of your life and learn to cope better with the problem. Written in easy-to-understand language, it offers a positive, hopeful outlook and includes lists of organizations for further help. \* Broad coverage relevant to a wide range of skin conditions \* Written in a very accessible style \* Lists of further help, organisations etc included

Linda Papadopoulos is a Reader in Psychology and a chartered counselling and health psychologist. She currently works as a course director at London Guildhall University. She has published extensively in the fields of medical and counselling psychology and has been invited to present her research at various international conferences. She has also appeared on a variety of television programmes such as 'Big Brother' as their expert psychologist. Carl Walker is a Research Psychologist at London Guildhall University where he is currently finishing a PhD in psychodermatology. He comes from a biological background, having graduated in biology from Royal Holloway and Bedford New College, University of London.

## Book Information

Paperback: 108 pages

Publisher: Wiley; 1 edition (March 14, 2003)

Language: English

ISBN-10: 047084518X

ISBN-13: 978-0470845189

Product Dimensions: 6 x 0.3 x 9.1 inches

Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #3,399,993 in Books (See Top 100 in Books) #92 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Medicine & Psychology](#) #620 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Skin Ailments](#) #104058 in [Books > Parenting & Relationships](#)

## Customer Reviews

I'm not at all impressed. It's got half a page of vague information on the medical facts of eczema. The rest is all psychological. Thankfully I only borrowed it from the library. I was hoping for tips on

things that help with eczema life remedies, and what to do for flare-ups but it had none of this. There is not even as much as a full page on any of the other skin problems either. But there's plenty on how to form relationships and going to support groups. Not what I was looking for at all.

I bought this book because my son has skin problems (eczema), this book helped me understand more about the problem and what to do.

IS GREAT TO HAVE THE OPPORTUNITY TO EXPLORE THE PSYCHOLOGICAL ASPECT OF THE SKIN DISEASE. YOU CAN ENTER THE MIND OF THE ILLNESS THROUGH THIS READING.

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Eczema: The Definitive Eczema Cure - How To Overcome Eczema Forever And Live Your Life!  
(Skin Conditions, Dermatology, Eczema, Acne, Psoriasis, Skin Care, Essential Oils Book 1)

Understanding Skin Problems: Acne, Eczema, Psoriasis and Related Conditions Get Younger

Looking Skin Naturally: Advanced Skin Care (Aging, Skin problems, Eating for Beauty, Skin Care Routine, Skin Products, How to Age Well, Nails, Hair, Skin) Epsom Salt: The Magic Mineral for

Weight Loss, Eczema, Psoriasis, Gout, Garden, Relaxation & Other Applications (+33 DIY Top Health, Beauty & Home Recipes) (Magnesium, Acne, Natural Hair Care) Homemade Shea Body

Butter for Beginners: All-Natural Quick & Easy Recipes to Eliminate Eczema, Acne, Dry Skin, Stretch Marks, Sunburn & More Skin Picking: for beginners - How to recover from Skin Picking

Disorder - What You Need To Know About Dermatillomania Treatment and Cure (Skin Picking ... -

Skin Ailments - Skin Diseases Book 1) The Eczema Diet: Discover How to Stop and Prevent The Itch of Eczema Through Diet and Nutrition Psoriasis Total Disease Elimination Plan: It Starts with

Food Your Essential Natural 90 Day How to Guide Book! (Psoriasis Free for Life, Cure and Diet Cookbook series 1) Cure Child Eczema: Natural Eczema Remedies That Work The End of Acne:

How Water is the Cause of the Modern Acne Epidemic, and the Cure Skin Care for Men - The Best Ways to Fight Acne, Skin Complexion Tips, Men's Grooming & MUCH MORE! The Ultimate Guide

To Skin Whitening: The Permanent, Most Effective Solution For Increasing Complexion And Having Beautiful Skin (Beautiful Skin, Improve ... Complexion, Become Fair, Skin Pigmentation) A Simple

Guide To Budd-Chiari Syndrome, (Hepatic Vein Obstruction) Diagnosis, Treatment And Related Conditions (A Simple Guide to Medical Conditions) The New Science of Perfect Skin:

Understanding Skin Care Myths and Miracles For Radiant Skin at Any Age How to Use Tea Tree Oil

- 90 Great Ways to Use Nature's "Medicine Cabinet in a Bottle" - Acne, Boils, Head Lice, Nail

Fungus, Ringworm, Skin Tags, - Health ... Dilutions and Lots More! (What Is? Book 2) Anti-Aging

Skin Care: Anti-Aging Skin Care Techniques for Beautiful, Flawless and Younger Looking Skin  
Guide To Anti Aging Skin Care Treatment: Learn All You Need For Treating Aging Skin To Look  
Younger Than Your Age (Anti Aging Skin Care, Anti Aging Diet, ... Emu Oil, Retinol, Best Eye  
Cream, Book 3) Living a Healthy Life with Chronic Conditions: Self-Management of Heart Disease,  
Arthritis, Diabetes, Depression, Asthma, Bronchitis, Emphysema and Other Physical and Mental  
Health Conditions Allergies: Fight Them with the Blood Type Diet: The Individualized Plan for  
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Conditions Menopause: Manage Its Symptoms with the Blood Type Diet: The Individualized Plan for  
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Conditions

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